## Calories Math Project: Equivalences

Name: $\qquad$
Create several interesting equivalences - other ways to express the number of calories in your meal. You could use other food options or show the amount of activity it takes to burn off the meal's calories.

| Comparison Food / Activity | Calories in One | How Many Equal the Meal? |
| :--- | :--- | :--- |
| Example: an apple | 95 calories in one apple | $\sim 14.5$ apples have the same <br> number of calories as the <br> nugget meal |

